

Hawaiian Quilting: Traditional and Modern

Class Description:

In this fun, low pressure workshop, students will learn the necessary skills to create a beautiful Hawaiian quilt block. Using both traditional and modern methods, students will discover the process of cutting out, centering and basting a Hawaiian quilt, then practice a variety of applique techniques including traditional needle turn as well as modern machine applique. We'll learn about hand and machine quilting options that give students a variety of ways to finish their projects.

A sewing machine is needed for this class. No special sewing machine feet are necessary. Design boards will be provided by Empty Spools. Feel free to bring a travel iron if you like (only irons with automatic shutoff allowed).

Supply List:

We will be working on two different Hawaiian quilt blocks in our class – one made by hand and one by machine. You may want to make both projects the same colors, or create two colorway variations of the block. Traditional Hawaiian quilts were made with solid colors. Solid fabrics allow the applique and quilting to be the star of the show. Batik fabrics are a good choice as well. Avoid fabrics with looser weaves such as shot cottons.

-Ulu (breadfruit) pattern c-109 from Poakalani.net

<https://poakalani.net/store/#!/C109-Ulu/p/45085753>

The breadfruit pattern is a wonderful pattern for a first time Hawaiian quilter. This pattern offers gentle curves, peaks and valleys to give students the opportunity to learn the necessary skills to move on to more intricate designs.

-Tulip Big Eye Quilting needle size 10

Hand quilting needles with a large eye for easy threading.

-Tulip Big Eye Applique needles size 10

This long, thin needle is ideal for needle turn applique and has a large eye for easy threading.

-One yard background fabric

Choose a background fabric that suits your taste – light and dark colored fabrics are appropriate.

-One yard applique fabric

Choose applique fabrics that contrast with your background fabric.

-One yard batting

Batting type is up to you. A 3oz poly batting highlights the quilting and is easy to pull a needle through, but cotton batting works as well.

-One yard muslin fabric

-1 yard Heat 'n Bond light iron-on adhesive interfacing

-Sharp scissors – will be used for cutting both paper and fabric

-Sharp mini scissors or snips

-50wt cotton thread in same color as applique fabric

My favorite thread is Aurifil 50wt cotton thread. It comes in a variety of colors and is strong and easy to work with. Thread should match your applique fabric. If you aren't able to find an exact match, choose a similar color one shade lighter. Do not choose a darker shade.

-40wt cotton thread in desired colors

This thread will be used for quilting. Choose a color that matches or contrasts with your applique fabric, as well as a color that matches or contrasts with your background fabric.

-Pins

-Thimble

-Colonial Needle Grip-It (optional)

Small dot stickers that aid with grip and control while hand quilting.

Optional Supplies:

-14" quilt hoop

This is listed as an optional supply because hand quilting can be done both with and without a hoop. A Hawaiian quilt block is easy to quilt by hand because the size is manageable, but a large quilt would be much more difficult. We will discuss using a hoop for quilting

-Fabric chalk pencil or hera marker

-Tulip Basting needles

These long, thin needles make basting easier and faster. Not necessary for a quilt block but would be very helpful when basting a large Hawaiian Quilt.