

RETREAT SUPPLY LIST: UFO Flying Disks Quilt

Presenter: David Owen Hastings

MATERIALS

- **Unfinished Quilt Top:** You will need one medium-sized quilt top to work with. The size should be about 48" x 60". Cut the quilt top into manageable squares: 12" x 12" to 14" x 14". If the top is already in individual blocks of this size, great!
- For a single large disk, cut two additional rectangular quilt top pieces that are 12" x 20" to 16" x 28" max.
- **2 Yards Batting + Backing:** You'll need about 2 yards of batting and backing fabric. After you have cut up your quilt top, cut one piece of batting and backing to go with each of the above squares. Experiment with different types of batting: 80/20 cotton-poly is a favorite of mine, but I also like to use wool or polyester batting for more loft. You can double-up cotton batting in a couple of units for a thicker look. **Please prepare 8 to 12 quilt squares, with batting and backing, in advance of the workshop.**
- **TIP:** I like to make my batting the same size as the quilt top pieces, and cut my backing pieces slightly larger: 1" larger overall. If my quilt piece and batting are 12" x 12", I cut my backing to 13" x 13".
- **2 Yards Extra Fabric:** please have some extra fabric available to use as binding and envelope backing material. Choose a solid fabric that reads as darker in value to the colors in your cut up quilt. Most of this fabric will be seen on the back of your piece, but some may be visible if you use it for machine binding.
- **Six Spools + Bobbins of Thread:** Choose light, medium and dark thread values plus bright colors to harmonize with your fabrics. Wind 6 bobbins with these threads. I like Aurifil 50, 40 or 28 wt. and Sulky rayon. Feel free to experiment with other thread types and weights that will work well with your sewing machine, up to 12 wt.
- **O-Rings:** Get a small package of 1/2" plastic O-rings, the type that are sewn onto Roman blinds. You will need 2 or 3 rings for each finished wall quilt. I like the transparent ones.
- **2 Yards Medium Weight Sew-in Stabilizer.** This will make the larger sections of your piece stiffer and more stable. You might want to use it in only a few of the larger disks. **Sulky Cut-Away Plus** medium weight permanent sew-in stabilizer is one possible option. Most stabilizer is 20" wide.
- **OPTIONAL:** #8 perle cotton thread in 2 or 3 colors to complement your fabric — my favorite is Wonderfil.

TOOLS/EQUIPMENT

- Home sewing machine with walking foot and seam guide, 9 mm stitch plate, and 80/12 or 90/14 needles (Optional: bring a free motion foot, too, although we will primarily use the walking foot.)
- Small + large scissors
- Rotary cutter + seam ripper
- Cutting mat + quilting ruler
- Hera marker, fabric marking pens, chalk marker
- Straight pins + binding clips
- Embroidery needle + milliner's needle
- Optional: quilting gloves
- Provided at retreats: irons, ironing boards, design walls, bowls/plates of different sizes to draw around

Please Note: Try out your walking foot attachment before class until you are confident it is working properly. This is an all-levels class. You should be comfortable using your sewing machine, and it should be in good working order. I look forward to sharing and sewing with you!

For more about David, please visit www.davidowenhastings.com or [@davidowenhastings on Instagram](https://www.instagram.com/davidowenhastings).