

Supply List
Joyful Free Motion Quilting; Jenny K. Lyon
Empty Spools, 2027

- Bring your project of choice. Also all the threads, needles, batting and chocolate required for that project. If you don't have a project in mind, I have lots of great ideas. I will contact each of you before class and if you'd like, I can suggest projects that might interest and excite you.
- Your best machine for free motion quilting. If you have a full-sized machine and a smaller, class-sized machine, please bring the larger of the two.
- Machine must be in excellent working order, cleaned and oiled.
- Slide on table if your machine has one.
- Manual for your machine.
- Free motion quilting feet – all that you have. Make sure the foot you have works well with your machine. We will be mostly free motion quilting; the wrong foot would be crippling.
- Piecing foot and any other foot your project requires – couching, edge stitch, zigzag, walking, etc. Aw heck, bring any that you think you might possibly need.
- Ruler foot and rulers if you intend to use them (optional). If you have a newer BERNINA, I can lend my ruler foot to play with. I will bring a few rulers that can be borrowed.
- Zig zag stitch plate.
- Straight stitch plate if you have one.
- 12 quilt practice sandwiches: about 14" square (you'll be able to get 3 cuts across the width of the fabric). *Please use quality, 100% cotton, solid colored fabric and quality batting.* Baste using your preferred method (spray, pin, etc.) Please don't bring odd sized scraps or sandwiches from printed fabric.
 - Choose colors that you enjoy, maybe even different colors front and back.
 - 1 3/4 yards each of 2 fabrics will make 12 sandwiches
- Additionally, you may want to bring a panel to play upon with the new designs you learn. You might consider it a "sacrificial panel". You will be learning new designs; they may be a bit rickety at first.
- A variety of *quality* threads - different weights, colors and fibers (no more than 7 or 8 needed; bring more if you like to play!). In general, thread available at your local quilt shop is high quality; what is at your big box store, not so much.
- Extra bobbins, empty.
- Needles appropriate for your project and any thread you intend to use. Most threads need 70, 80, or 90 size needles. For most free motion quilting, I recommend a coated topstitch needle. If you prefer another type, please bring that. I will bring coated needles in a variety of sizes for my store.
- Wash out marker of choice.
- 18" ruler.
- Free motion quilting supplies – any notions you typically use at home.
- Personal small trash can for thread snips.

Jenny K. Lyon

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- Basic sewing supplies – scissors, seam ripper, tweezers, pins, etc. No cutting supplies needed unless the project you bring needs them.
- 6 sheets of full-sized plain paper towels (no print) or 12 if they are the half-sized ones. I'll explain!
- Note taking supplies – pencil, paper.
- Also, blank paper to sketch on, at least letter sized. Bigger is better, I'll bring some packing paper. Lined paper is difficult to freely sketch on.
- *A playful and open attitude and a desire to lose all fear of free-motion quilting!*

Optional:

- Personal lighting for your sewing area.
- Multi-plug, surge-protected extension cord. You'll be happy you brought this!
- A portable table for your machine (SewEzi, etc.), only if you prefer it and have one.
- BERNINA people only - BSR if you have one and enjoy using it.
- Not required; [copy of my book](#): Free Motion Quilting, From Ordinary to Extraordinary, C&T Publishing.

I will bring my own curated selection of supplies and tools that I love to free motion quilt with. I also will bring a selection of panels that are great to free motion quilt upon, as well as bring copies of my book.

NOTE:

If you are new to free motion quilting, make sure that your current set-up works for free motion quilting and that you know the right settings for your machine to free motion quilt. To test, layer up a small quilt sandwich (top, batting, backing) and free motion quilt a little bit. You must have the right foot and your machine must free motion quilt well. *You* don't have to quilt well yet 😊, but your machine needs to be capable of it.

Please write if you have any questions!

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