### **MARIA SHELL**

## Under the Influence

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In this class, we are going to be LOOKING at a LOT of visual inspiration sources and THINKING about ways to translate what INSPIRES us into ORIGINAL quilt compositions. We will ALSO be looking at the design elements of line, shape, pattern, repetition, figure ground composition and MORE. This workshop is meant to guide you forward in developing your own authentic voice.

#### **PRE-ASSIGNMENT**

Begin the process of collecting images of things you love—art, nature, architecture, stain glass, artists work, color combinations, tiles, music, graphics—all of it. Put these things in a folder for discussion and inspiration during our class.

Open Mind—Open Heart—Ego Checked at the Door



#### **SESSION 5**

Sunday to Friday, March 30 - April 4, 2025

Mail: 1669 Hollenbeck Ave #344, Sunnyvale CA 94087-5402 | Phone: 925-222-5509 Email: info@emptyspoolsseminars.com | Website: emptyspoolsseminars.com

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This is a recommended supply list, if you don't have the EXACT ruler or supplies please don't stress about it. We will make it work! What is important is not the supplies, it is showing up and having a willingness to experiment with creating patchwork.

□ Calculator

Improv Patchwork: Dynamic Quilts Made with Line &		Design wall (a large piece of flannel or batting works
Shape by Maria Shell <a href="https://talesofastitcher.com/">https://talesofastitcher.com/</a>		fine)
improv-patchwork-dynamic-quilts-made-with-line-		Digital camera or cell phone with the ability to take
shape/>		pictures
Sewing machine with a straight stitch and a quarter-		One gallon bag of scrap fabric preferably solids but
inch foot and/or the ability to create a quarter inch		other types of fabric are OKAY. This bag will be added
seam. (A quarter-inch foot with a flange attached will		to the class stash of scrap fabrics to help everyone get
NOT work for sewing curves.)		where theywant to go.
Rotary cutter with a new blade. I prefer the Olfa®		Blue painters tape in both 1" and 1/4" widths.
Straight Handle 60 MM. <https: <="" craft="" olfa.com="" td=""><td></td><td>Laptop or tablet that you can use to file images.</td></https:>		Laptop or tablet that you can use to file images.
product/60mm-straight-handle-rotary-cutter-rty-		Tabletop lamp with multi-plug extension cord with
3-g/>		surge protection
Rotary rulers including a 4" x 14" Omnigid® makes		Piece of fabric to cover your area at night
one <a href="http://omnigrid.com/quiltingsewing-supplies/">http://omnigrid.com/quiltingsewing-supplies/</a>		
rulers/omnigrid-standard-rulers/r14/>	FA	BRIC
Any other rulers you like to work with—I like triangle	lt i	s recommended that you bring an assortment of
rulers in particular the Tri-Rec® Rulers, and the		prics in half yard or larger cuts. Solid fabrics provide
Companion Angle.	th	e greatest level of contrast but tonals and small
THREE YARDS Pellon® 810 or 830 tru-grid paper	ge	ometrics—stripes, dots, plaids—will work too. Bring
<a href="https://www.joann.com/tru-gridgraph-material-45">https://www.joann.com/tru-gridgraph-material-45</a>	th	e color wheel plus NEUTRALS. Bring all the colors and
in-wide-25-yards/2988335.html>	va	lues and intensities you can. If you are traveling by
Rotary Mat	pla	ane, dedicate one 50-pound suitcase to fabric and
Basic quilting supplies including straight pins, seam	su	pplies. Fill it up with a variety of half-yard cuts. If you
ripper, neutral thread, scissors, and snips	are	e traveling by car, try to bring a reasonable amount
Stiletto or awl	of	fabric but do not so much that you get lost in the
Measuring tape	de	cision making process. Part of what we learn in this
Small sticky note pad	cla	ass is how to make it work!
Paper and/or notebook and/or draft paper for making		
notes, sketches, and drawings about your quilt.		
(Ideally this is a designated Quilt Journal/Sketch book.		
The bigger the journal is the better in my opinion.)	©	Maria Shell 2021



**SUPPLIES** 

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