# MARIA SHELL <br> <br> Under the Influence 

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Page 1 of 2
website:http://www.mariashell.com blog: http://www.talesofastitcher.com mariashell4@gmail.com


In this class, we are going to be LOOKING at a LOT of visual inspiration sources and THINKING about ways to translate what INSPIRES us into ORIGINAL quilt compositions. We will ALSO be looking at the design elements of line, shape, pattern, repetition, figure ground composition and MORE. This workshop is meant to guide you forward in developing your own authentic voice.

## PRE-ASSIGNMENT

Begin the process of collecting images of things you love-art, nature, architecture, stain glass, artists work, color combinations, tiles, music, graphics-all of it. Put these things in a folder for discussion and inspiration during our class.

Open Mind—Open Heart—Ego Checked at the Door


## SESSION 5

Sunday to Friday, March 30 - April 4, 2025
Mail: 1669 Hollenbeck Ave \#344, Sunnyvale CA 94087-5402 | Phone: 925-222-5509

## Under the Influence

This is a recommended supply list, if you don't have the EXACT ruler or supplies please don't stress about it. We will make it work! What is important is not the supplies, it is showing up and having a willingness to experiment with creating patchwork.

## SUPPLIES

$\square$ Improv Patchwork: Dynamic Quilts Made with Line \& Shape by Maria Shell <https://talesofastitcher.com/ improv-patchwork-dynamic-quilts-made-with-lineshape/>
$\square$ Sewing machine with a straight stitch and a quarterinch foot and/or the ability to create a quarter inch seam. (A quarter-inch foot with a flange attached will NOT work for sewing curves.)
Rotary cutter with a new blade. I prefer the Olfa ${ }^{\circ}$ Straight Handle 60 MM.<https://olfa.com/craft/ product/60mm-straight-handle-rotary-cutter-rty-3-g/>
Rotary rulers including a 4" x 14" Omnigid ${ }^{\circledR}$ makes one<http://omnigrid.com/quiltingsewing-supplies/ rulers/omnigrid-standard-rulers/r14/>Any other rulers you like to work with-l like triangle rulers in particular the Tri-Rec ${ }^{\circledR}$ Rulers,and the Companion Angle.
$\square$ THREE YARDS Pellon ${ }^{\ominus} 810$ or 830 tru-grid paper [https://www.joann.com/tru-gridgraph-material-45-in-wide-25-yards/2988335.html](https://www.joann.com/tru-gridgraph-material-45-in-wide-25-yards/2988335.html)
Rotary Mat
Basic quilting supplies including straight pins, seam ripper, neutral thread, scissors, andsnips
Stiletto or awl
Measuring tape
Small sticky note pad
Paper and/or notebook and/or draft paper for making notes, sketches, and drawings about your quilt. (Ideally this is a designated Quilt Journal/Sketch book. The bigger the journal is the better in my opinion.)
$\square$ Calculator
$\square$ Design wall (a large piece of flannel or batting works fine)
$\square$ Digital camera or cell phone with the ability to take picturesOne gallon bag of scrap fabric preferably solids but other types of fabric are OKAY. This bag will be added to the class stash of scrap fabrics to help everyone get where theywant to go.Blue painters tape in both 1 " and $1 / 4^{\prime \prime}$ widths.Laptop or tablet that you can use to file images.Tabletop lamp with multi-plug extension cord with surge protectionPiece of fabric to cover your area at night

## FABRIC

It is recommended that you bring an assortment of fabrics in half yard or larger cuts. Solid fabrics provide the greatest level of contrast but tonals and small geometrics-stripes, dots, plaids-will work too. Bring the color wheel plus NEUTRALS. Bring all the colors and values and intensities you can. If you are traveling by plane, dedicate one 50 -pound suitcase to fabric and supplies. Fill it up with a variety of half-yard cuts. If you are traveling by car, try to bring a reasonable amount of fabric but do not so much that you get lost in the decision making process. Part of what we learn in this class is how to make it work!
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