

Fill Harmonics Sampler

Student Supply List

Sue Heinz
SueHeinz.com

Required Sewing Supplies

- Sewing machine, cleaned & oiled, machine manual, cords, and an extension cord.
- Basic sewing kit and a separate task light.
- Machine oil - if machine requires it.
- 1- 2 extra bobbins.
- Machine needles - size 75/11 Embroidery needles (preferred).
- Pearl Cotton #8, light color, but still contrasts with fabric, and a thimble.
- #22 Chenille needle with a large eye and a sharp point.
- Darning foot for free-motion quilting (FMQ), ¼" straight-stitch foot, and a ruler foot.
- Extension table with a Supreme Slider – regular size. Contact Sue regarding the Slider if you do not already own one.
- Tape – blue painter’s or white Artist’s tape – (preferred).
- Paper for notes, plus a 0.7mm mechanical pencil (such as a Bic brand), and smooth flowing pen, both with **comfort** grips.

Fabric/Batting/Lab Fee

- Choose good quality, solid (non-patterned), cotton fabric, with a close weave. Light color. Use the same fabric for the top, back, and binding. Pre-wash and starch well. Use starch, not sizing! Bring enough of the same fabric (preferred) to make at least one, fat-quarter-sized (FQ) practice sandwich. (You’ll need 2 FQ’s to make one sandwich). From your stash, bring at least 8 FQ’s of similar, non-patterned, light colored fabric.

There are two sew-out sizes for you to choose from: **Small** and **Large**. The small (original size) finishes at roughly 23" square, with a grid scale of ½". The large (150% bigger) finishes at 34" square, with a grid scale of ¾". The small size transfer pattern is included with your pattern. The large transfer pattern is an extra \$10.

Materials List:

Small (Original) Size

27" square (3/4 yd) for the top

31" square (1 yard) for the back.

3, 2" strips (1/4 yard) for the binding.

½ yard (2 FQ) for one practice sandwich.

Total: 2.5 yards

31" X 31" wool batt for the project, and

18' X 22" wool batt for the practice sandwich,

plus more for at least 3-4 FQ sandwiches from stash.

Large Size Option

36" square (1 yard) for the top

40" square (1-1/4 yard) for the back.

4, 2" strips (1/3" yard) for binding.

½ yard (2 FQ) for one practice sandwich

Total: 3-1/4 yards.

40" square of wool batting.

18" x 22" wool batt for one practice sandwich,

plus more for at least 3-4 FQ sandwiches from stash.

Please contact Sue via her website, **Sue Heinz.com**, to request the size Transfer Layout Pattern you would like to mark onto your fabric top at home. Note: You will be charged a **Lab Fee of \$20** for your pattern (which includes the Small transfer pattern), plus shipping. An **extra \$10** fee will be added if requesting the Large Transfer Pattern. You will receive the pattern instruction booklet in class.

Do not pre-baste. Search YouTube and watch before class, ‘**Sharon Schamber Hand Basting Technique.**’ We’ll use this technique to baste.

- Batting. I prefer wool (Quilter’s Dream is my favorite). Choose one layer of wool batting for nice drape (class sample has one layer). NOTE: Bring enough batting for the class project plus your practice sandwich fat quarters. Again, do not pre-baste.

Marking

- Bring your favorite marking tool. Do not use Frixion pens! Do not use pounce or chalk, as the fabric will get handled often. Choose a removable, fine-tipped marking tool that can be easily seen on your fabric. **PRE-TEST** before marking the top! Also, make sure the mark can also be safely ironed, if needed. Bring your marking tool to class. My favorite for marking light fabrics is a Crayola

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Ultra-Clean Washable Marker. Use only the gray color.

To transfer the pattern at home: Use a light table or a bright window. Carefully transfer all marks from your Transfer Layout Pattern (solid and dashed) onto your fabric. Carefully roll (best) or lightly fold the top to reduce wrinkling during travel.

Recommended Items

- Single-stitch throat plate
- Long nosed (1" tip length) college tweezer
- FMQ hand guides – bring your favorite: gloves, weighted circle, hand pads, arcs, etc.
- Travel-sized iron for wrinkle touch-ups and a small ironing pad.
- Rulers: If you want to work with FMQ rulers, you must use a ruler foot! Note: Check your machine manual for your shank height and match your FMQ ruler thickness to your shank. Once you have the pattern at home, map your arc-shaped rulers to the pattern curves. If it's close, bring it! **Highly recommended** rulers: I will have curved rulers specifically designed for both the small and large patterns, in class for purchase. I also recommend my straight stitch, Sue's Curve-A-Linear® 8, ruler for the outer, radiating lines. **Note:** These rulers are not recommended for low-shank machines.
- Tabletop lamp with multi-plug extension cord with surge protection
- Piece of fabric to cover your area at night

In general, bring any tool, gadget, etc. that you free-motion quilt with that may be missing from the list.

Depending on your experience level, (or if you exclusively sew on a longarm), you may choose to:

- not sew the class sample in class. You will get daily FMQ quilting experience on your practice sandwiches under the watchful eye of your instructor, or
- Use all of the class time for practicing your designs on paper.

That's OK. Whatever works for you!

Also, please contact me via SueHeinz.com if you have any questions – at any time. I'd love to hear from you!

I am so very excited to meet you and spend classroom time laughing and learning together. Thank you for choosing this class. See you soon!



SESSION 5

Sunday to Friday, March 30 – April 4, 2025

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