

KATHY DOUGHTY

Soul Searching

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Thank you for signing up for the Soul Searching Workshop. There are many reasons for selecting a workshop... you may have simply liked the look of this quilt and now want to make your version. However, this is a workshop about you! The fabrics you have collected define your tastes and choices.

In the Soul Searching workshop we will review how to expand your ideas about colour groups considering scale, value and texture which when combined create interesting and exciting quilts. I have taught this quilt many times to many happy quilters... many of whom contact me later to say they are better fabric shoppers as a result!

If you have done this quilt before but are interested in further exploration, alternate layouts will be provided using the same requirements.

Workshop Schedule:

Introduction – Many of us struggle making decisions about choosing fabric and understanding how they will perform in quilts. Practicing looking at fabric is a great way to overcome obstacles. This quilt is a study in understanding how we make lines in our quilts with contrast as well as shapes with blending.

We start with an interactive working time with the fabrics you have collected. Then you will compose a block in one colour group on a design board or wall. We will work through all the colour groups finding gaps or excesses in certain colours. Sharing of fabrics throughout the group is an option!

We will also work with intera with the neutral blocks. Neutral does not need to be white!

Conclusion: An interactive review of the blocks, experiences and questions.



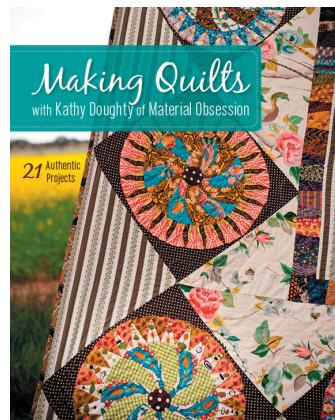
SESSION 3

Sunday to Friday, March 16 – 21, 2025

Mail: 1669 Hollenbeck Ave #344, Sunnyvale CA 94087-5402 | Phone: 925-222-5509

Email: info@emptyspoolsseminars.com | Website: emptyspoolsseminars.com

Soul Searching

**Materials:**

Soul Searching was originally published in *Making Quilts*, a book which you may own published either by Quilt Mania or C&T Publishing. If not, no worries as we will supply the pattern for the class.

SUPPLIES

Preparing for this workshop is a great time to assess your stash! It's a lot of work but the process is a great experience! I suggest taking your time over the next few months to select fabrics. Only small amounts are necessary so quantity of options in each colour group is preferred.

Gather a minimum of 24 strips of 9 colour and 9 neutral blocks for background:

- | | |
|--|---|
| <input type="checkbox"/> (4) 2 ½" x 2 ½" | <input type="checkbox"/> (4) 2 ½" x 8 ½" |
| <input type="checkbox"/> (4) 2 ½" x 4 ½" | <input type="checkbox"/> (4) 2 ½" x 10 ½" |
| <input type="checkbox"/> (4) 2 ½" x 6 ½" | <input type="checkbox"/> (4) 2 ½" x 12 ½" |

Consider the following colour groups:

- Red, yellow, blue, green, orange, purple, light blue, pink and brown/grey.
- Neutral fabrics that are either black and white, grey or off white. Splashes of colour are fine.

If you were to choose one background fabric you would need:

- 2.6 yds neutral fabrics are needed in total

General Supplies include:

- Mat, straight ruler, rotary cutter
- Design walls are helpful either at a block size or 1 yard x 2 yards. These are provided by Empty Spools Seminars, but covering them with a low loft polyester wadding or grey grid flannel is recommended for this class.
- Pencil and paper for notes
- Sewing Machine
- Camera
- If driving, bring a multi-plug extension cord with surge protection
- Table top light
- Something to cover your work at night

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