



# APPLIQUÉ MASTERY

## **Appliqué Mastery**

### **Studies in composition, colour and contemporary machine appliqué**

Five Days. Suitable for confident beginner to advanced students.

The focus of this class is to study in detail both composition and fine workmanship techniques, and is based on the methods and patterns seen in Philippa's 2014 book *Appliqué Mastery*.

Beginning with extensive exploration of machine appliqué techniques students discover how shape informs the appliqué method used. The techniques covered include turned-edge, satin stitch, blanket stitch and free-motion machine appliqué. When these techniques have been analysed the next step is to discover ways of enhancing the appliqué with hand and machine embroidery stitches, and with purchased trims such as a rick rack. 'Fussy cutting' and innovative use of commercial fabrics is also covered.

Students also learn how to sew perfect satin stitch circles, turned edge circles and embellished circles, and how to make a range of appliqué bias strips and rouleau loops. They sew a number of appliqué samples to practice techniques and to begin to compile a reference library of ideas.

Quilt composition studies in colour, use of fabric, tonal contrast, balance, movement and depth follow. Armed with the composition principles, and an understanding of how different appliqué techniques inform design and construction, the students decide how they will use these themes to begin a small appliqué quilt top. This quilt top might be unique to the individual, or based on the pattern of Philippa's quilt 'Bird By Bird' which is featured in the *Appliqué Mastery* book (a full size pattern for this quilt is included in the book). Combining a variety of appliqué methods within a single piece of work gives the maker an exciting range of processes to create with, and results in many visual elements to explore.

Time will also be devoted to decorative finishing techniques including innovative prairie points and wavy edge treatments to further enhance the work and reinforce the appliqué themes right to the outer edge of the work.

Throughout the five days Philippa shares her design skills and the technical knowledge gained during a long career working in industry as a clothing designer, and since 1996 as a quilt-maker. She will demonstrate many different techniques and offer as much information as she can possibly fit in to the time available. Students are encouraged to really get their money's worth and ask as many questions as possible so that they go home bursting with new knowledge, ideas and the desire to create. The emphasis is on learning new skills in a relaxed but productive environment, working in a supportive group to discover individual quilting-making personalities and styles.



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## APPLIQUÉ MASTERY SUPPLY LIST

### Equipment:

1. Sewing machine, extension cable, instruction manual, slide on tray table and knee bar if you have one.
2. Range of sewing machine feet to include quarter inch, free-motion (open-toe preferred) and satin stitch (open-toe preferred). Edge stitch, zig-zag and blind hemming feet are optional extras.
3. Selection of sewing machine needles to match chosen threads.
4. Cutting mat.
5. Rotary cutter with a sharp blade in it. A new spare blade might also be useful.
6. Long quilter's ruler.
7. 1" x 6" quilter's ruler.
8. Plenty of large size sketch paper. This is to make a master pattern and to design templates on.
9. General sewing kit to include fine pins, hand sewing needles etc.
10. Scissors for paper and fabric. Please include small scissors with sharp points for snipping fabric.
11. Scotch/Sellotape.
12. Pens, pencils, coloured pencils, notepad and an eraser.
13. Quilt marking pens/pencils.
14. Small amount of plastic template material or cardboard.
15. Optional extras - compass, circle templates, flexible ruler for drawing curves, iron and board.

### Materials:

16. A large piece of fabric for the background of your quilt. Minimum size a metre.
17. Assortment of fabrics to include light, medium and dark. Bring a mix of anything you love - solids, batiks, subtle prints and bold prints, but be sure they have a range of tonal contrast from very light to very dark. Batiks are useful for small motifs as they don't fray easily. Bring fabrics of fat quarter size and bigger. Include a few one and two meter pieces. You will not have time to make a large quilt so do not need masses of fabric - but you will want to have choices!
18. A few scraps of fabric for samples to practise techniques.
19. One quilt sandwiches of fat quarter size with low loft batting (for samples).
20. One meter of wide (90cm) single sided fusible interfacing as used in dressmaking. It needs to have some stability so a very lightweight one is not the best choice - but nor does it want to be too stiff.
21. Double sided fusible interfacing (such as 'Steam a Seam').
22. Tearaway or other stabilisers of your choice.
23. A choice of threads for machine appliqué and free-motion machine quilting. I use Bottomline, 50/2 cotton, 40-weight rayon and 40-weight polyester threads.
24. Rick rack, braids, ribbons and any other assortment of trims you think you might want to use.

**PAT Testing:** Make sure your electrical equipment (sewing machine, iron, etc) has been recently PAT tested.

Please follow the supply list carefully and don't hesitate to get in touch with any questions. Thank you!