

## PHILIPPA NAYLOR

SESSION IV • Sunday to Friday, April 28 – May 3, 2019



### TWICE AS NICE

Use two complementary techniques to design and construct an exceptional quilt top. A flowing curved piecing background is elevated by the addition of dramatic machine appliqué to create a powerful and unique quilt design.

A technique AND design led course, students will learn a wide range of skills including:

- Philippa's award winning curved piecing method
- A variety of approaches to machine appliqué
- Composition, balance and 'weighting'
- Use of colour and tonal value

Put all of this, and more, together to create a technically and visually rewarding quilt which celebrates the makers individuality and artistry.

### EQUIPMENT & MATERIALS

- Sewing machine, extension cable, instruction manual, slide on tray table and knee bar if you have one. A straight stitch plate is useful for piecing and some appliqué techniques.
- Range of sewing machine feet to include quarter inch, free-motion (open-toe preferred) and satin stitch (open-toe preferred). Edge stitch, zig-zag and blind hemming feet are optional extras.
- Selection of sewing machine needles to match chosen threads.
- Cutting mat.
- Rotary cutter with a sharp blade in it. A new spare blade might also be useful.
- Long quilter's ruler.
- 1" x 6" or 1" x 12" quilter's ruler.
- Plenty of large size sketch paper. This is to make a master pattern and to design templates on.
- General sewing kit to include fine pins, hand sewing needles etc.
- Scissors for paper and fabric. Please include small scissors with sharp points for snipping fabric.
- Scotch/Sellotape.
- Pens, pencils, coloured pencils, notepad and an eraser.
- Quilt marking pens/pencils.
- Small amount of plastic template material or cardboard.
- Optional extras - compass, circle templates, flexible ruler for drawing curves, iron and board.
- Water spritzer for pressing.
- Freezer paper.
- A range of fabrics for the background of your quilt. Bring small and large pieces, plain or printed. What matters is that they contrast tonally with the fabric you bring for the appliqué sections of your work - otherwise everything will merge and not 'speak'!

*continued next page*

Philippa Naylor: 25 North Bar Without, Beverley, East Yorkshire, HU17 7AG  
Tel: 01482 868311 07581513032 e-mail: philippa\_a\_naylor@yahoo.co.uk www.philippanaylor.com



## Empty Spools Seminars

Mail: 5306 Springridge Court, Fairfield, CA 94534-4005 | Phone: (707) 864-1170 Fax (707) 864-1345  
Email: info@emptyspoolsseminars.com | Website: emptyspoolsseminars.com

## PHILIPPA NAYLOR

SESSION IV • Sunday to Friday, April 28 – May 3, 2019



# TWICE AS NICE



- Assortment of appliqué fabrics. Bring a mix of anything you love - solids, batiks, subtle prints and bold prints, but be sure they contrast tonally from your background fabrics. Batiks are useful for small motifs as they don't fray easily. Bring small pieces, fat quarters and bigger. You will not have time to make a large quilt so do not need masses of fabric - but you will want to have choices!
- A few scraps of fabric for samples to practice techniques.
- Single sided fusible interfacing as used in dressmaking. It needs to have some stability so a very lightweight one is not the best choice - but nor does it want to be too stiff.
- Double sided fusible interfacing (such as 'Steam a Seam').
- Tearaway or other stabilisers of your choice.
- A choice of threads for piecing and machine appliqué. I use Bottomline, 50/2 cotton, and shiny #40 weight polyester threads.

**PAT Testing: Make sure your electrical equipment (sewing machine, iron, etc) has been recently PAT tested.**

**Please follow the supply list carefully and don't hesitate to get in touch with any questions. Thank you!**

Philippa Naylor: 25 North Bar Without, Beverley, East Yorkshire, HU17 7AG

Tel: 01482 868311 07581513032 e-mail: philippa\_a\_naylor@yahoo.co.uk www.philippanaylor.com



## Empty Spools Seminars

Mail: 5306 Springridge Court, Fairfield, CA 94534-4005 | Phone: (707) 864-1170 Fax (707) 864-1345

Email: info@emptyspoolsseminars.com | Website: emptyspoolsseminars.com