



EMPTY SPOOLS WORKSHOPS: SESSION III MARCH 24-29, 2019

## *Botanical Applique*



*"My Heart Belongs in Australia"*

### Project Info:

A new botanical project with an Australian theme. This design can be made as a block, small wall hanging or table runner--it's your choice! Have fun bringing the beautifully colored Kingfisher and the Gum Flowers of Australia to life. A pictorial style design that allows you to play with color and texture using Sandra's needleturn applique and embroidery techniques to help you succeed and improve your skills.

Whether you are new to Sandra's applique and embroidery techniques or a repeat student, Sandra's unique approach to using hand embroidery with the technique of an illustrator is broken down and made understandable for you to incorporate into your own future projects in any style.

*Note: Students may also bring a project from one of my previous workshops if they prefer to continue on that creative journey for their free stitching time.*

Lab Fee: \$35

### Includes:

Pattern  
Illustrated handout  
Freezer paper templates

There may be a Fabric Kit available for this Project (excluding background fabrics).  
Please contact me via email a month prior to the workshop date for availability.

### Fabric Requirements:

Try to select fabrics for your appliqué project that are tonal (multi-values) for best effect such as batiks and blender fabrics (I use predominately batiks for my work). When choosing your fabrics, think in terms of a box of crayons. You want to have lots of options to "color" with and for fussy cutting. You do not need an arm load, just a few "light, medium and dark" value ranges of your chosen palette.

### Background fabric:

**Block or small wall quilt:** 14" x 14" fabric of your choice or...*(if making a pictorial background then (3) fabrics: (1) piece for sky 14" x 14"; (1) piece of 7" tall x 14" wide of medium brown (hills); (1) piece of 6" tall x 14" wide of foreground fabric)*

**Table Runner:** 14" tall x 38" wide fabric of your choice or... *(if making a pictorial background then 3 fabrics, (1) piece for sky 12" tall x 38" wide, (1) piece of 6" tall x 38" wide of medium brown (hills) and (1) piece of 5" tall x 38" wide of foreground fabric)*

**If you plan to do a table runner,** there is a small bit of homework to do prior to class so you can work on the "fun bit" during your time on site. Contact me a couple of weeks in advance of the workshop date and let me know you are choosing to do the table runner and I will send the homework.

### Applique fabrics:

Batiks and tone on tones work the best for a painterly result. I use mostly commercial batiks in my work.

### Notions and Threads:

- Appliqué thread to match your fabrics (cottons such as Aurifil 50 wt., Mettler 60 wt. and DMC 50 wt.)
- Embroidery six strand floss--**one skein is all that is needed for practice** (DMC or Cosmo) or bring as many colors as you want to play with.
- 4-5" Embroidery Hoop (Morgan's No-Slip hoops are best and highly recommended)
- Small 3.5"-4" sharp embroidery scissors (**no children's please**) it really does matter!
- Scissors for cutting paper templates. Again: SMALL SCISSORS!
- Appliqué needles (I prefer "My Favorite Needles" size 12), Clover Black Gold #12 sharps or Tulip size 11's (**long straw needles are not desirable with this scale of applique**)
- Embroidery needles: #9 crewel and #10 sharp. Any brand is fine
- Appliqué pins (I like the Clover 3/4 inch) Make sure they are short and sharp!
- You are welcome to use the overlay method you prefer or if you want to use the clear vinyl overlay method, bring a piece of 12-14 gauge (20 x 20 inches).
- Black Sharpie ultra fine point marker. If using a dark background, bring a Sharpie ultra fine tip white oil based paint pen.
- White chalk pencil and a marker for light fabric (or your favorite marking notions for appliqué)
- A 10" x 10" piece of plain cotton (no white print on white) to use for practice embroidery if you like.
- Pencil
- Ott Style Lamp for better light to work (I use a Stella light or Daylight Magnifying lamp)
- Extension cord with surge protector
- Fabric sheet to cover work at night

### Optional:

- Needle threader, sand paper board, Fray Check if needed, sharpener for chalk pencils and/or pencil