

# Empty Spools Seminars

SESSION III: Sunday – Friday, March 18 – 23, 2018

## INDEPENDENT STUDY LAURA NOWNES

Class Schedule

### Day One

- Check in, set up classroom and your personal sewing space.
- Introductions and discussion of projects.

### Days Two-Five

- Students will work on individual projects. Laura will be available for consultations, guidance, demonstrations and any other assistance needed.

### Day Six

- Wrap it up time. Individually, and as a group, we will discuss the progress of the week.
- Take down and pack up.

### Student Supply List

The more information you provide me prior to class, the better prepared I will be to help you. Please contact me either by e-mail at [laura@lauranownes.com](mailto:laura@lauranownes.com) or 130 Byron Court, Pleasant Hill, CA 94523 to let me know what project/s you plan to work on. Feel free to start a new project, learn a new technique or work to complete something you have started and just need a jump-start and/or assistance finishing.

Bring whatever specific patterns/books and tools needed to work on your desired project. Here is a list of some of the basic supplies you may need:

Cutting mat

Rotary cutter

Acrylic rulers in a variety of sizes

Sewing machine with manual & basic sewing supplies, and appropriate feet, etc. for project

Thread & bobbins wound with the same thread

Table-top sewing lamp

Multi-plug extension cord with surge protection

Iron (with auto off) and pressing board

Seam ripper

Pins

Design wall – a large sheet of foam core board will be available for your use but it is always helpful to cover it with a piece of flannel or batting.

Sheet or large piece of fabric to cover your work space when you leave for the night.

Fabric – bring as much as you can or feel that you need. Remember that we have the advantage of shopping at either The Cotton Patch which will be set up in the Merrill Hall or Back Porch Fabrics which is located in downtown Pacific Grove.

I look forward to working with you. Please feel free to contact me if you have any questions or need help with your project.



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