

SYLVIA PIPPEN

SESSION I • Sunday to Friday, February 24-March 1, 2019

Flowers & Foliage: Combining Sashiko with Wool and Cotton Hand Appliqué

MATERIAL LIST

Any hard to find items can be ordered from my website. I will also bring supplies to share and for purchase.

Pattern Transfer supplies

- Ball point pen, mechanical pencil or stylus
- Masking or scotch tape
- White design transfer paper (available in class)

Sashiko supplies

- Thread conditioner: *Thread Heaven* is my favorite
- Thimble, if you use one
- White or light green Sashiko thread (available in class)

Appliqué supplies for cotton appliqué

- Appliqué needles Straw #11, *Roxanne's* Appliqué Needles or your favorite (Available in class)
- #100 *YLI* silk or polyester thread or your favorite matching appliqué thread. I will have #100 polyester *Invisifil* thread collections by *Wonderfil* available
- Temporary starch based fabric glue pen (*Sewline*)
- 1 yd Dark indigo, black solid or mottled cotton for background
- For appliquéd flowers, a wide variety of scraps or fat quarters of batiks, prints and hand-dyes (Please visit my website under tutorials for photos of suggested fabrics)

Appliqué supplies for wool appliqué

- 1 yd dark Essex Linen/cotton for background(Kaufman Fabrics) Also available on my website
- *Genzaina* 12 wt. 50% wool/50% acrylic blend in a variety of colors that match your wool for whip stitching appliqué. I will have a collection of threads available in class.
- Scraps, 12" x 12" squares, or 1/8 yd cuts of high quality wool for appliqué in a wide variety of values; solids, hand-dyed, patterned for flowers. Wool will be available in class as well.
- Needles: Chenille #24 for whip stitching
- Clover 3-9 embroidery needles
- micro serrated small scissors for cutting wool
- freezer paper
- #8 perle cotton in a variety of colors
- 6-strand embroidery floss in a variety of colors

Mylar Method Supplies

- *Hobbico* Craft iron or *Clover* mini iron. I will have 2 irons to share. If you bring a craft or mini iron, bring a china plate or heat proof iron holder for your iron. Many holders that come with the craft irons are not adequate.

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Empty Spools Seminars

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- Small very hard ironing board. You can make one out of a 6"x6" piece of plywood and cover it with Kevlar silver ironing board material. I will have boards to share, too.
- Spray starch: *Mary Ellen's Best Press*, or liquid starch diluted to medium strength.

***Apliquick* method**

- Optional: *Apliquick* tools
- Instead of *Apliquick* tools, you can use a stylus, small flat head screw driver
- 1 yd *Apliquick* stabilizer
- soft lead pencil for tracing

Postage Label Method:

- full sheet *Avery* shipping label (Available in class)

Other supplies

- Fine line permanent indelible marking pen
- Your very best and sharpest small pointed paper and cloth scissors
- White and silver chalk pencils
- Light box if you are driving
- Roll of tracing paper
- Fine line lead pencils for tracing
- Ruler and a few architectural French curves for drawing

Please call with any questions or e-mail: sylvia40@sylviapippendesigns.com 360 466-1078



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