

Empty Spools Seminars

SESSION I: Sunday – Friday, Feb. 25 – March 2, 2018

Sashiko, Cyanotype and Appliqué **with Sylvia Pippen**

Discover how to combine sashiko, cyanotype and appliqué to make your own one-of-a-kind innovative quilt.

Cyanotype is an old photographic process used to print on a treated cotton fabric that gives white and blue images on a deeper indigo background. The process is very simple: images such as leaves or grasses, paper silhouettes or designs drawn on transparencies are placed over dry cyanotype fabric, exposed to the sun or a UV lamp for 5-10 minutes, then rinsed and dried. The fabric is then ready to use as a quilt block.

Sashiko is a traditional Japanese embellishment using a running stitch of heavy white cotton on indigo fabric and combines beautifully with cyanotype. We will cover sashiko techniques, how to easily transfer designs onto dark fabric, the best fabric and thread options for Sashiko, techniques for perfect stitch length, curves and corners. Explore how to translate photos and drawings into effective sashiko designs and how to combine them with your cyanotype blocks.

To add another dimension to your quilt, explore my favorite appliqué methods: Postage Label, *Apliquick*, and Heat resistant *Mylar*. All methods create perfectly pre-formed shapes, ready to appliqué down. Learn how to make invisible appliqué stitches, perfect points and curves.

I will have lots of source material including many of my designs available for you to use both for cyanotype, sashiko and appliqué.

SUPPLY LIST TO BRING

Sashiko Supplies

- 1/2 yd or fat quarters of solid or mottled blue-indigo cotton for Sashiko. Bring at least two different values
- White or colored sashiko thread or DMC #5 perle cotton
- Small to medium sashiko needles
- Thimble if you use one
- Thread conditioner such as *Thread Heaven* or beeswax
- White chalk marking pencil
- Stylus or ball point pen for design transfer
- masking tape
- White design transfer paper such as Loew Cornell (comes in 9"x11" or 18"x36")

Cyanotype Supplies

- **1yd blue cyanotype fabric. Please purchase before class at: www.blueprintsonfabric.com or from my website www.sylvia-pippen.com, \$26.00 yd**

Optional: other cyanotype colors are available through blueprintsonfabric.com

- Pair of gloves to protect hands
- Mop up cloths (such as handi-wipes)
- Any natural or manmade objects that inspire you for sun dyeing. You can press any leaves or flowers you want to print ahead of time and bring them dried. Look for paper cut out silhouettes of birds, dragonflies, butterflies, etc that can be traced onto cardstock or paper.
- Cardstock or computer paper for cutting silhouettes for sun printing

- 1/8 "-1/4 "thick foam board or cardboard at least 18" x 24" . If you are flying to the workshop, you can bring two pieces of foam that will fit in your suitcase and tape them together to form a hinge. Flat rate shipping boxes work well and you will have them to ship items home.
- **If you are driving:** Clear thin picture frame glass, small pieces or up to 12" x 18" . Glass is used for maximum contact, especially when cyanotype printing from negatives or acetate. Please wrap the edges with electrical tape for safety.
- Permanent magic markers to trace designs onto acetate sheets. (I will provide the acetate)

Appliqué Supplies

- A variety of batiks and other printed or hand dyed fabrics for flowers, fish, birds, etc.
- #100 silk or polyester appliqué thread
- Appliqué needles
- Starch based glue pen (Sew line)
- Avery full sheet 8½" x 11" postage labels 2-3 sheets (for postage label method)
- *Apliquick* tools or a stylus and a small flat head screw driver
- *Apliquick* stabilizer
- Small craft iron and hard small ironing surface for *Mylar* method
- Small bottle Mary Ellen's Best Press starch alternative

General Supplies

- **SHARP** pointed Scissors; paper and cloth
- Scotch tape and masking tape
- Small straight pins with small heads (to pin down objects when sun dyeing)
- Safety pins or binding clips (to hang panels to dry)
- Roll of tracing paper
- **Optional: Sewing machine.** If you want to sew your blocks together, bring a machine, but there will be enough handwork to keep you busy without a machine!
- Cutting board and rotary cutter
- **Optional:** Bring co-coordinating fabric that will go with your indigo cyanotype prints such as stripes, geometrics, Japanese, Alaskan theme fabric, and batiks that will work as secondary fabrics.
- Table lamp
- Large sheet to cover your work table

If you are having any trouble sourcing supplies, please feel free to call.

You can also order supplies from my website: www.sylvia-pippen.com

I will bring hard-to-find items to share and to sell.

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